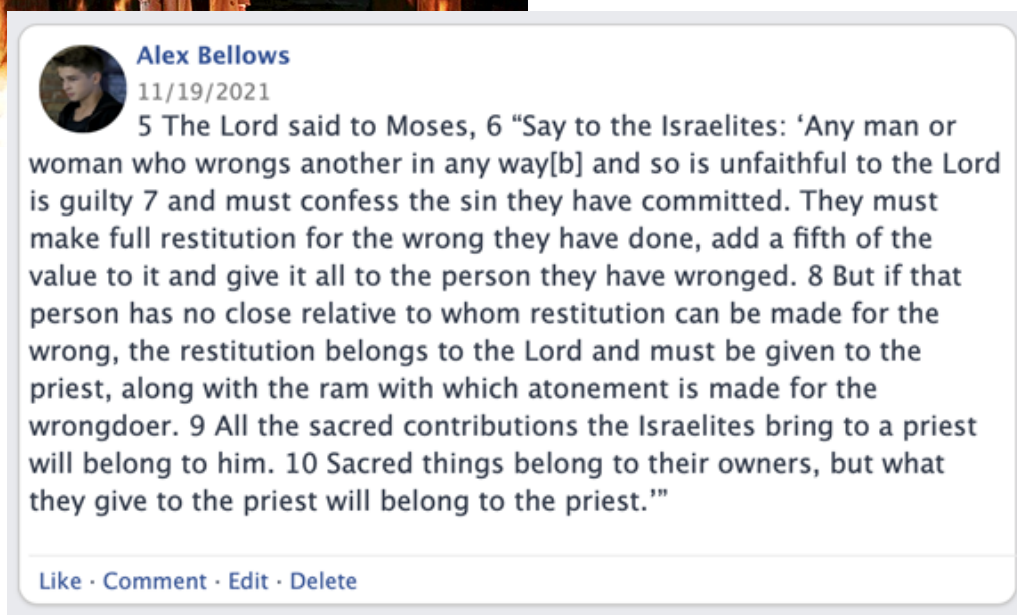


BIT/CARE TRAINING

CASE STUDY: ALEX AND SARAH

Alex and Sarah are 8th graders in your school and have been dating for several weeks. Sarah breaks up with Alex and Alex struggles with the change. Alex was initially sad and tearful, having trouble focusing on his classes, and isolating himself from his friends. Lately, they have become angrier and more intense. One of Alex's friend's shares with you that Alex said, "I won't let Sarah do this to me without consequences. If I am going to be in this level of pain, she will feel it too." They also show you this post on Facebook that Alex made an hour ago.



1. Identify the stakeholders and involved parties in this case.
2. What significance do you place on the text Alex posted on his Facebook page? What about the image of the man in the fire? What do you think that symbolizes?
3. Does this threat seem more transient or substantive? Is this more affective violence or targeted violence? Explain your reasons.
4. How quickly should this situation be addressed (e.g., minutes/hours, within the day, within the next several days, within the week)?
5. What risk factors would you assess for with Alex?
6. What protective factors?
7. Is there a benefit to sharing this threat with Sarah? Is there an obligation to do so?
8. What resources and services would be of use with Alex within your school? Outside of your school staff? What about for Sarah?
9. How does this case change if Alex is a girl?